



## SUMMER WEIGHT LOSS RECOGNITION

List members (male & female) who have recorded a loss of at least 5 pounds through the summer months of June, July & August. Record below their last weigh-in for May and the last weigh-in for August. Weights are to be taken from official weight charts only. Please add any additional names on a separate piece of paper. **\*\*If members of your chapter are attending separate rallies, please complete separate forms for each rally.**

Name of Attendee	Male (M) or Female (F)	Last WI of May 2024	Last WI of August 2024	Total Pounds Lost: (At least 5 pounds)

### Consecutive Monthly Weight Loss Recognition

Please list each member who had consecutive losses for the months of June, July and August. **Note: they must have had a loss for each individual month to qualify. It does not matter how much weight was lost.**

Name of Attendee	June Weight Loss	July Weight Loss	August Weight Loss

Chapter: TOPS MA \_\_\_\_\_

Leader's Name: \_\_\_\_\_ Leader's phone #: \_\_\_\_\_

**Check which rally attending:**

Saturday, October 19<sup>th</sup> Swansea \_\_\_\_\_ Saturday, October 26<sup>th</sup> Chicopee \_\_\_\_\_

