

The TOPS Reminder

A newsletter for Western Massachusetts Counties

By Terri Lavigne (413) 532-7664 losingweight@tlavigne.us August 2016

The FOUR KORNER KOPS HONOR SOCIETY

The Honor Society will hold their holiday meeting at the Collegian Court in Chicopee. The meeting will begin at 12:30; on December 3. I will email each chapter a menu. If this is your first meeting since last year your \$10 dues are needed at this time. If you are close to your goal you are welcome to join them to see what they are all about, you just need to pay the \$3 meeting dues. What do you have to lose; maybe you will make a few new friends

If there is an issue in your chapter

Before calling headquarters please follow this chain of command. First go to your leader if it is a TOPS problem all chapters received a chapter manual to look up an answer. If this doesn't work call your Area Captain, Terri at 413-532-7664 or 237-5266, please don't message me on Facebook

with your problem but you can email or call me. If I don't know the answer I ask Rosie and she gets back to me. Reminder from Rosie, please write all checks out to Rosemary Smith, she can only send one check to headquarters. If she doesn't know the answer she goes to Judy Pettit than Judy goes to Barbara Cady. If you call headquarters they are just going to get in touch with Rosie and then she lets me know.

TOPS MAGAZINES

Leaders please let your new members know it will take around 6 weeks to get their magazine. If someone hasn't received their magazine please email me their name, TOPS number and address and I will forward it to the right people.

Forms

New leaders please don't send forms to headquarters, unless noted. If you have any questions what to do I'm here to help.

Fall Rally

If you are not going to Fall Rally please send Rosie Smith a \$15 donation .Write check out to TOPS MA Fall Rally Thank you.

Suggestions for Fall Rally or SRD

I would love to see more of you attend these events. Rosie told one of my chapters' if you know of a place in my area she would check it out. We will not go back to Springfield. I thought of the Knights of Columbus in Chicopee, Delaney House or Log Cabin in Holyoke. Please send suggestions to losingweight@tlavigne.us I can let Rosie know what I know of the venue.

**HAND IN HAND
TOGEATHER WE
CAN!**

Terri



MA 0395 Greenfield doesn't just sit and eat at their annual picnic but they start planning months ahead of time. The co-leaders Eunice and Kathy come up with things for the chapter members to do to earn funny money. The teams present their skits and songs. With your funny money you purchased water, portion sized carrots ,peanuts, pretzels and game

Chances. We played Plinko, darts, and they had a guessing game. I won 3rd place in Plinko and won an onion. With their funny money they also had an auction from like new things members brought in. The chapter supplied the chicken, they had a build a salad and each member brought something for it. A very healthy picnic. Thanks for inviting me!





The six pictures above are from the Four Kounty KOPS Honor Society. They had their picnic/meeting at Mt. Tom reservation in Holyoke. Elections were held and all the officers stayed on for another year, thank you to all. If you want to know what went on at the meeting

get in touch with me and I can give you the number of the Keeper of the minutes. They also played games with meanings behind them. I had to leave but one game they played was to keep the balloon up in the air only hitting it one time. This was a way to show that they had to work hard and support each other to keep their status.



Peggy, Sherry , Joan F



Margret, Monique, Peggy



Sherry, Carol



Angela, Peggy, Jackie, Sherry, Linda,
Mary F.



Peggy, Monique, Carol, Margret

MA 0001 Springfield had their KOPS night and their Installation of Officers .Angela chose the theme "Our Garden Grows Together". The chapter celebrated 61 years in existence. After the ceremony a healthy pot luck supper was enjoyed.