

**MASSACHUSETTS TOPS FALL RALLY
SATURDAY, OCTOBER 13, 2018**

**BACKSLIDER AWARDS
REGISTRATION FORM**

Members must be present at Fall Rally in order to be honored.

This contest is only open to TOPS. Anyone being at least **10** pounds over their lowest weight in TOPS, at the weigh-in the week starting **June 25th** and ends with at least a 10 pound loss the weigh-in the week ending **September 15th** is eligible for this award and will be honored at Fall Rally. Contestants must attend weekly TOPS chapter meetings. **THREE** excused absences will be allowed during the contest. Note: You can take a 'travel' chart if out of town on vacation.

List all backsliders who have lost **10** pounds or more during the contest period and will be attending Fall Rally:

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

TOPS MA _____

Leader: _____ Telephone: _____

Email: _____

Weight Recorder's Signature: _____

Must be postmarked by September 22

Mail to: LEE ALLEN 138 HERITAGE DRIVE, TEWKSBURY, MA 01876
(or) EMAIL to: callen138@aol.com PH: 617-584-4710