

# MARCH MESSAGES - 2018

## AREA CAPTAINS and CHAPTERS:

- ★ Make your plans to attend IRD 2018 in Montreal



- ★ **Receiving TOPS emails:** Leaders, Web Designate or Members who are not receiving TOPS emails should review their email provider's directions on how to prevent emails from a new or unknown sender being diverted to a spam folder. Listing the email address and website as approved with the individual's provider may help.

### Officers of TOPS Club Inc. are:

Bob Dischinger - Chairperson

Karen Tinlin - First Vice President

Gina Brueske - Secretary

Rick Danforth - President

Ruth Gielow - Second Vice President

Sandra Seidlitz - Treasurer

- ★ Do not forget to schedule your AC Program visit.... **Sharing our Stories**



- ★ **Burni is ready for your Journey**



- ★ Promote regular attendance, helping do programs, discussion on weight loss and bringing a friend.

- ★ Help support and honor our 2017 Royalty by attending your local ARD, SRD and PRD.

- ★ TOPS Retreat Tropical Caribbean Cruise sets sail February 23 - March 2, 2019.



- ★ The **TOPS Store** has been updated, making it easier to find the items you need. Here is sampling of new items recently added. Please check in out.

