

# Middlesex County January 2020 Newsletter



## WELCOME BACK AM CHAPTERS

I want to welcome back our morning chapters once again.

Welcome 52 Natick, 269 Brighton, 377 Chelmsford, 460 Tewksbury, 461 Billerica, 9350 Wayland.

## Fall Rally 2020

There will be major changes for Fall Rally this year. Stay tuned but to give you a hint each area will be asked to do one in their own area. It will be less formal, more activities, and less expensive for all to attend. However it will still be a full day on Saturday in late Fall. Working on a date and location at the present.

**RESUME WORKSHOP** Thanks to the chapters who attended the workshop for weight recorders. I held it on January 4<sup>th</sup>, 2020 from 10-12 noon at the Burlington Presbyterian Church. Thanks to MA 50 Melrose, 69 Lexington, 107 Chelmsford, 478 Tewksbury, 512 Framingham, and 9032 Burlington.

## PUBLICITY volunteers

I am looking for a few volunteers to do publicity for our area. It doesn't take a lot of work but you need to be able to put up TOPS flyers, drop off brochures where you think TOPS might benefit some good publicity only in your area.

I am booked to do three health fairs so far this year in Billerica, Burlington and Chelmsford. If you hear of any in your area, please let me know so I can sign up TOPS as a vendor. I just need a few members to help me out that day. I also have updated the "PATCH" for each of your towns if your towns offers this online newspaper. They are listed as a re-occurring weekly event. If you would like to volunteer for publicity, let me know your member's name and we can get a kit from HQ sent to you. KOPS are really good examples for publicity.

**SRD UPDATE Theme: [TOPS Run for the Roses!](#)**

**MASSACHUSETTS SRD  
APRIL 17 AND 18th 2020**

**CROWN PLAZA HOTEL, WOBURN**



We were Boston strong for fall rally with our sports theme. So for SRD 2020, I would like each of you to reach deep down inside yourselves. Reach for your golden ring. Reach for that yellow KOPS rose! We can't wait to celebrate your success as we run the race! See you there as you cross the finish line!!

1<sup>st</sup> Letter and forms will be sent out early February 2020 !

## ***CHAPTER ANNIVERSARIES***

512 FRAMINGHAM	HAPPY 1ST ANNIVERSARY	JANUARY 29 <sup>TH</sup>
299 TOWNSEND	HAPPY 41 <sup>TH</sup> ANNIVERSARY	JANUARY 3
82 READING	HAPPY 55 <sup>TH</sup> ANNIVERSARY	FEBRUARY 15

## ***NEW MEMBERS***

Off to a good start for 2020. Here are your newest members of the Middlesex county.

50 Melrose	Joyce Brown & Sheila Gnerre both on 1/13
253 Billerica	Kathleen Dogherthy- 1/16
478 Tewksbury	Pamela Hill & Robin Hazarvatian

Please have new member packets ready in case new members show up. We were all forewarned by HQ that the advertising they have been doing in two major publications might bring us some new members. People magazine (check out page 54 for Lisa Campbell's story and I believe it's Womens' World have two stories about members who had successes with TOPS help.

## **FRIENDLY REMINDER CORRECTION**

You only pay tax on purchases from the TOPS Store not memberships.

## **SECOND REMINDER**

Don't forget to send your chapter's annual maintenance payment to TOPS Headquarters. The maintenance bills were sent to all Leaders a few weeks ago. They are due January 31, 2020.

## **REMINDER - COORDINATORS' INFORMATION**

Rosie Smith has retired as both our coordinator and area captain. Our new acting coordinator is:

Judy Pettit 523 North Main Street Ext. Gloversville NY 12078 . FSID #0499

Home phone 518-752-4148 [muffyjunior@aol.com](mailto:muffyjunior@aol.com)

If you have any questions please ask your leader, then Area Advocate and then we can ask our Coordinator and she will go to our new SPA Mary Mullane.

If you have any stories, quick facts about your chapter that you would like to see published, please email it to me so I can include them in the next newsletter.



**Best Wishes, Diane Trayah- Middlesex Area Advocate**

**Home: 978-657-6103 Cell: 978-551-1278 [topsmiddlesex@gmail.com](mailto:topsmiddlesex@gmail.com)**